



# June 2010 Newsletter

## Celebrating Fathers!

Calvary Chapel West  
Oahu Preschool

Volume III, Issue 8

June 2010

**Special points of interest:**

- ☉ Field Trip to Kualoa Ranch in Ka' a'awa on Tuesday, 7/20/10
- ☉ Independence Day Holiday observed on Monday, 7/5/10
- ☉ Field Trip to Waikiki Aquarium on Friday, 8/27/10
- ☉ Tuition Due by the 3rd business day of the month

Calvary Chapel West  
Oahu Midweek  
Service: 7pm

Sunday Services:  
8:30am & 10:30am  
(Childcare is available)

### A Day to Remember 11 Activities to Make Father's Day Special

by Armin Brott

Father's Day is a unique opportunity for dads and kids to step outside the norm, learn a bit about each other and have some fun in the process. Here is a list of activities for fathers to do with their sons and daughters on Father's Day:

1. Switch roles with them. Let them be the dad and you the kid.
2. Tell them a story, but not one from a book. Make something up or tell them a few anecdotes from your childhood—especially ones where you got into trouble.
3. Do something important in the community. Volunteer at a homeless shelter. Help Habitat for Humanity build a house. Or, if the kids are older, do some work for a cause they support.
4. Make a movie of the day. If you don't have a movie camera, take a few rolls of regular film, get them developed at a one-hour photo place and make a scrapbook.
5. Pretend you like the tie they got you and wear it all day.
6. Take (don't send) them to a concert. They get to pick the music and you resist the urge to complain about it.
7. Listen. Set aside some time and let the kids know that you're available to listen to anything they have to say on any topic at all. Give advice only if they ask for it.
8. Visit or call or write your own father to wish him a happy Father's Day. If he's not alive, spend some time telling your kids about him.
9. Write the kids a thank you card—not for the gifts, but just for being. After all, you wouldn't be a father without
10. Let them meet the secret you. Tell them something about yourself that they've never heard before. It could be a favorite place or a secret dream you had as a kid.
11. Best of all: Do absolutely nothing. Spend a completely unstructured day with the kids doing exactly what they want to do. Ignore the distractions of the phone, e-mail, bills, work and errands, and focus completely on them. Top off the day with an ice cream sundae!

<http://www.childrentoday.com/articles/holiday-springsummer/a-day-to-remember-594/2/#>





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Jesus Cares and So Do We!!!



Calvary Chapel West Oahu Preschool is a ministry of CALVARY CHAPEL WEST OAHU. As a Christian preschool, our primary concern is quality childcare and Kindergarten preparation. As a ministry of the church, our primary concern is correct training in righteousness that the children will be thoroughly equipped for every good work (2 Timothy 3:17). To this end, we endeavor to follow the guidelines listed in our 2009-2010 Parent Guardian Handbook on page 2.

Please visit us in the preschool office for a copy of the handbook if you did not receive one on your child's first day of school at CCWOP~

Our Staff~

Pastor Charles Couch

Administrator-Felix Tan

Director-Sayoko Yamaguchi

Teachers-Cameron Stevens, Anabel Bolosan, Lauranne Tugade, Teri Sueyoshi

Aide-Alex Kissinger, Tao Montoya

Ground Maintenance-Bobby Silva, Roland Antonio & Bruce Mason

### Water Safety

Summer time is now here. For more children, this means outdoor activities (swimming, camping, bike riding, etc...) and with the 4th of July celebrations, fireworks. For all parents, this means extra vigilant to keep your child safe and healthy. Here are some tips to keep your child safe this summer in and around water:

- Teach your child to **swim**, but remember that younger children shouldn't be left unsupervised around water even if they know how to swim. The AAP (American Academy of Pediatrics) recommends that children under age four not be given formal swimming lessons, especially as a primary means to prevent the risk of drowning.
- Always wear a US Coast Guard

approved **life jacket** on a lake, river or ocean while boating, water skiing, jet skiing or tubing.

- Warn your children about playing in canals or other **fast moving water**
- Do not let your child play around any water (lake, pool, ocean, etc.) without **adult supervision** (even if he is a good swimmer).
- Don't allow running or rough play around water
- **Childproof your swimming pool** with a fence around your backyard and a fence (at least 4 feet high) around the pool, with a self-closing, self-latching gate. Also consider having a phone poolside and learning CPR in case of emergencies.

For more safety tips, please go to:  
[http://www.keepkidshealthy.com/welcome/safety/water\\_safety.html](http://www.keepkidshealthy.com/welcome/safety/water_safety.html)

### Friendly Reminders ~

- ☺ Friday, June 11 is Kamehameha Day Holiday, School Closed
- ☺ Monday, July 5, 2010—school closed in observance of Independence Day Holiday
- ☺ Tuesday, July 20, 2010 is field trip to Kualoa Ranch, \$12.00 payment due by Friday, July 10, 2010

